

RETREATS DEEP FUN™

Rancho Palos Verdes December 1-5

- Single \$685
- Double \$635
- Early Less \$25 before October 30
- Deposit \$100
- \$75 refundable before May 21
- AHP Deduct \$25

Esalen Aug 18-23

Register at Esalen Institute (Esalen.org)

AHP *The Well-Played Game* free

Malibu Sept. 9-13

- Single \$785
- Double \$685
- Early Less \$25 before Aug. 2
- Deposit \$100
- \$75 refundable before Aug. 2
- AHP Deduct \$25

Santa Barbara Oct 21-25

- Single \$735
- Double \$685
- Triple \$650
- Early Less \$25 before Sept. 13
- Deposit \$100
- \$75 refundable before Sept. 13
- AHP Deduct \$25

Name:
Address:

Phone:
Email:

Please send check payable to:
DeepFUN
223 Avenue G, Redondo Beach,
CA 90277

Bring Fun to Life!

If you are a healer, the DeepFUN experience will help restore your own sense of health, and refresh your commitment to patient care.

If you are in recovery from dependencies or grief or disease...

If you work with a creative team in design or advertising...

If you are in Human Resources hoping to bring more fun to work...

If you orchestrate events, lead parties, organize celebrations...

If you perform, produce, or direct...



If you live or work with kids...

If you wonder whether fun could be part of your spiritual path...

"Bernie probably knows more of a practical nature about how to use games in a healthy way with children, adolescents or adults than anyone I know."

-Dr. Brian Sutton-Smith, Professor Emeritus
University of Pennsylvania

"Bernie is the only person I know who not only knows about play, but knows how to teach it. May his efforts prosper, for they help us all."

-Dr. Mihaly Csikszentmihalyi, author, *Flow*

"I had a great time and learned a lot from Bernie and the 'Team'! What I often find is it becomes difficult to laugh at oneself when stress becomes too high. It is the best relief to incorporate the spontaneity of laughter in our meetings. It was great to meet you and I enjoyed your class immensely. "

-Ed Gee, National Forest Service



RETREATS DEEP FUN™

for more information:

Phone: 310.792.7227

Fax: 425.969.5581

bernie@deepfun.com

ENLIGHTEN UP!

At the Esalen Institute and select
conference centers

RETREATS DEEP FUN™

Sponsored by



the **Association for Humanistic
Psychology**

22.5 CECs available

<http://www.deepfun.com>

DeepFUN Retreats

More than thirty years ago, while developing a curriculum in theater for elementary school kids, Bernie DeKoven made two discoveries that changed his life and some small but significant parts of the world:



Bernie DeKoven

- Fun is fundamental to growth.
- People can be taught how to have more fun.

From his work with New Games to his classes at the Esalen Institute, Bernie's teachings evolved into DeepFUN Retreats—combining light-hearted, "pointless" games with deep reflection and playful meditation.

Playing and talking about playing, you discover how to bring a new level of vitality to yourself, to your significant others and all they signify, to those you care for and those who care for you.



You learn:

- about the art and science of FUN.
- how to make things FUN together.
- how to make each other laugh the kind of laughter that brings you back to wholeness, individually and collectively.

The **DeepFUN Retreats** explore these ideas:

Pointless FUN Learn many Pointless Games, in depth, for the fun of it. Pointless Games are games that are literally pointless. No score. No particular goal other than to have fun. Which, of course, turns out to be very pointworthy, indeed.

FUN Community Discover how creating a Fun Community helps extend your playfulness and celebrate those who bring FUN to your life.

The Well-Played Game Explore the experiences of The Well-Played Game and CoLiberation and their impact on the FUN community. Learn how to extend the gift of FUN to your:

- self
- friends
- family
- clients
- coworkers
- community

Inner Playground Install an imaginary tire swing. Learn how Silly and Serious each like to play. Help them find new ways to play together.

Flow Between games, discuss how fun touches everything. Learn about Mihaly Csikszentmihalyi's analysis of the dynamics of "flow."

Then play some more.

The Association for Humanistic Psychology has been approved as a provider of Continuing Education Credit by the organizations and Boards listed below. Each DeepFUN Retreat is being offered for 22.5 hours:

COUNSELORS: AHP is recognized by The National Board for Certified Counselors (provider #5360) to offer continuing education for National Certified Counselors and adheres to CEC guidelines.

SOCIAL WORKERS: The Illinois Department of Professional Regulation for Registered Social Workers, license #159 000118.

NURSES: Provider approved by the California Board of Registered Nursing, provider #CEP 08738 for 22.5 contact hours.

California LCSWs and MFCCs: Course meets the qualifications for continuing education for LCSWs and MFCCs as required by the California Board of Behavioral Sciences, provider number PCE 604.

MASSAGE THERAPISTS: The American Massage Therapy Association does not certify any programs, but will accept these hours if the individual massage therapist thinks that these are applicable to their practice. AHP maintains responsibility for the program.



Register online at:

<http://www.deepfun.com>

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